

**LIGA International**  
**EL CARRIZO CLINIC**  
**The PQRSTT PAIN QUESTIONS**

**P Provoking Factors**

- \* What makes it (pain, breathing, etc.) worse?
  - \* What makes it better?
- 
- 

**Q Quality of Pain**

- \* What does it feel like?
  - \* Has the patient ever experienced pain like this before?
- 
- 

**R Region/Radiation**

- \* Where is the pain?
  - \* Is it in one spot?
  - \* Does it start in one spot and travel to another?
- 
- 

**S Severity of Pain**

- \* Is this the worst pain ever experienced?
  - \* If abdominal pain, is the pain worsened with movement such as climbing stairs or jumping on one foot?
- 
- 

**T Time**

- \* When did it start?
  - \* How long have the symptom(s) persisted?
  - \* How long did it last?
  - \* Has it ever happened before?
- 
- 

**T Treatment**

- \* Has the patient been given any medication to treat this?
  - \* What time was the last dose?
  - \* Has the patient tried any home remedies?
  - \* What has/has not worked for the patient?
- 
-